



Master Course in **Non-Surgical Facial Treatment** **Learn by Doing**

Topographic anatomy, ageing and injection techniques
Course for a maximum of 12 participants



ANTI AGEING CENTER
International Center for Medical Training
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Andrea Alessandrini, MD



Medical doctor in General Surgery with specialization in Aesthetic Medicine and Vascular Surgery. Professor at the International School of Aesthetic Medicine Fate Bene Fratelli Foundation of Rome. In charge of the Angiology department at the Polispecialistic Center S.A.S.N. of the Ministry of Health, Rome. Tutor of several courses on "Best practices of injection techniques for the correction of imperfections of the face and anatomical dissection on a deceased body". Author of the text "FACE ANATOMY". More than 25 years of experience in the Aesthetics Medicine field. Has actively contributed in the evolution of Aesthetics developing personal advanced techniques. A national and international well known author, professor and mentor in the Aesthetic Medicine carrier. Has participated in more than 150 conferences worldwide as speaker and as board of directors.

THE BOOK

FACE ANATOMY

"The importance of anatomy in aesthetics".

How can we inject a product, insert a needle or cannula in various areas of the face without having a deep knowledge of the anatomy? Especially without the knowledge of mimic muscles, blood vessels and nerves?"



GENERAL PROGRAM

To strengthen the knowledge of the anatomical structures of the face, pointing out the areas of the face at major risk. Adjusting imperfections of the various parts of the face using a hyaluronic acid filler through advanced injection techniques. The Master Course also comprehends an extensive workshop performed on real patients; highlights of an eventual synergy between volumization and filler substances, threads lifts and the use of botulinum toxin. The constant acknowledgment through several courses is the base for a correct therapeutic approach in order to perform a natural aesthetic result.

THURSDAY - Arrival Day

Arrival at the Rome Airport
Check in the Hotel
Free evening

FRIDAY - Day One

08:45 am At hotel lobby for transit to Anti Ageing Center (with guidance of one of our staff)
09:00 am Registration process at Anti Ageing Center - Course payment - Delivery of Course material
09:30 am Opening of the Scientific Programme
01:00 pm Lunch
02:00 pm Opening of Practical Workshop part I
06:00 pm Completion of Day 1
06:15 pm Return to hotel
08:00 pm At hotel lobby for dinner
08:15 pm Walk to the restaurant (15 min walk)
08:30 pm Dinner at selected restaurant
10:00 pm Return to hotel

SATURDAY - Day Two

09:00 am Opening of Practical Workshop part II
01:30 pm Lunch
02:30 pm Completion of Day 2 - Closing of Course
Return to hotel
03:15 pm At hotel lobby for transfer pick-up for guided tour
03:30 pm Guided Tour around the most important sites of the City of Rome
06:00 pm Return to hotel
07:45 pm At Lobby for transfer pick-up to restaurant
08:30 pm Dinner at a historical downtown restaurant
11:00 pm Rome by night
12:00 pm Transfer pick-up to hotel

SUNDAY - Departure Day

Check out
Hotel pick-up for airport transfer



SCIENTIFIC PROGRAM

THEORETICAL PART DAY ONE

09:00 am

Anatomical Aspects of the face

Scrutiny of the anatomical and functional structures of the face at different levels.

09:30 am

Tutorial Video:

- Layered dissection on a deceased body of the various areas of the face
- Adipose Tissue compartments and the role of facial anti ageing
- Sensitive structures (nerves and blood vessels): analysis and exposure of
- Approach and importance of Retaining Ligaments: myths and facts

10:00 am

- Anatomical design of the main aesthetic units
- Highlights of the areas at higher risk in a face treatment
- Knowing the risks to avoid complications

Facial Ageing

Upper Third

- Frontal area, correction of superficial wrinkles, restoring a convex face
- Periorbital area, deep and superficial rims
- Eyebrow Lifting
- Temporal area, skeletal treatment

Middle Third

- Superficial and supraperiosteal implants for the treatment of the teartrough of the zygomatic area

Lower Third

- Hypotrophia of the cheek
- Mandibular area

11:00 - 11:30 am

Coffee Break

- Rhinoplasty
- Lips and Perioral area
- Mentoplasty
- Background of combined techniques between fillers and thread lifts
- Video of Clinical cases and results

01:00 pm

Lunch

PRACTICAL WORKSHOP DAY ONE

02:00 pm

Live demonstrations: Analysis and treatment of the various areas of the face

(First Part)

For each clinical case a specific protocol will be carried out:

- Pre-treatment photographic documentation
- Study of the Physiognomy of the Face
- Selection of the most suitable corrective program
- Scheming of the treated areas
- Identifying the right path with microcannula and/or syringe by choosing the proper area of placement
- Recommendations of what to do and what not to do
- Post Treatment evaluation and discussion of the case

DAY TWO

09:00 am

Live demonstrations: Analysis and treatment of the various areas of the face

(Second Part)

- Live case demonstrations

11:00 am

Coffee Break

11:30 am

Live demonstrations: Analysis and treatment of the various areas of the face

(Third part)

- Live case demonstrations

01:00 pm

- Group discussion with Q&A

Delivery of Certificates

02:30 pm

Lunch

IMPORTANT INFORMATION

- 2 Dinner, dress code: formal
- Anti Ageing Center: Office (0039) 06 8845651 / Fax (0039) 06 8415928
- Police emergency number 112
- Medical emergency number 118
- Public assistance 113

ACCOMODATION

Hilton Garden Inn Rome Cladrige Hotel (or selected nearby hotel)
Viale Liegi 64, 00198, Rome
Just 0.5 km away from Anti Ageing Center
King Bedroom per 1 person for 3 nights (breakfast included)
Extras are not included in the accommodation (drinks and extra food)

TRANSFER SCHEDULE

Check-in Day

Airport Pick-up at Leonardo Da Vinci International Airport, Rome at (time to be specified).
Hotel drop-off.

Check-out Day

Hotel pick-up for airport transfer to Leonardo Da Vinci International Airport, Rome at (time to be specified).

Note: Distance between airport and hotel is approximately 35 km. It takes about 1 hour without traffic jams.

